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KCCUA invites you to spend a day visiting farms and gardens in the metro area! See vegetables and fruits growing, listen to city chickens cackling and musicians playing, taste the fresh produce, play, and learn all about how food grows in the city.

KANSAS CITY
URBAN FARMS & GARDENS TOUR
SUNDAY JUNE 28, 2009 10AM - 5PM



EAT



KANSAS CITY
URBAN FARMS & GARDENS
SUNDAY, JUNE 28, 2009 10AM-5PM TOUR



FOOD FROM THE CITY
FOR THE CITY

KANSAS CITY 
Center for Urban Agriculture

SPECIAL THANKS TO THE URBAN FARM TOUR SPONSORS



KANSAS CITY 
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Quick Reference/Color Guide:

 City Farms

 Educational & Charitable Gardens

 Community Gardens

 Home Gardens and Urban Homesteads

 Advance Activities/Details/Ticketing info

Welcome to the Kansas City Urban Farms & Gardens Tour, 2009!

URBAN FARMS & GARDENS 2009

Food from the City, For the City

We chose that phrase because we wanted to introduce each and every one of you to the idea that growing food is something that is, and should be, happening in the neighborhoods where we live, work, shop and play.

Productive gardens and farms make our cities more beautiful. They feed people, lower food costs, provide income, raise property values, and reduce crime. They transform empty lots and capture rain water. In times of stress, they offer solace and therapy. They teach life lessons in love, caring, and responsibility. They grow community, food, health and so much more.

We invite you to join us in this celebration of urban-grown food and community. Attend some of the many events before the tour- movies, talks, hands-on workshops, food tastings, market tours, and more. Take your family and friends out for the Eat Out Local Night. And, on Sunday, June 28, visit gardens, tour farms, chat with the growers, and participate first hand in the wonders of city growing.

Visit the tour website for maps, updated information, and more!

<http://urbanfarmstourkc.com/>

This event has been organized with the great minds, big hearts and generous hands of many individuals, businesses, and organizations: Some of the organizations and businesses involved in organizing the KC Urban Farms & Gardens Tour.

All Souls UU Church, Arts Institutes International-Kansas City, Culinary Arts Program, BADSEED Market, Bread of Life Organic Bakery, Bread of Life Outreach Ministries, Bridging the Gap, Center for Health Enhancement at St. Luke's Health System, Communiversity, Drumm Farm Garden, Dynamic Earth, Food Not Lawns, Green Drinks Kansas City, Harvesters the Community Food Network, Johnson County Community College, Hospitality Management, Kansas City Community Gardens, Kansas City Community Supported Agriculture Coalition, Kansas City Food Circle, Kansas City, MO Public Library, KC Urban Youth Center, Kansas State University Research & Extension, Les Dames D'Escoffier, Lincoln University Cooperative Extension, Patti Banks Associates, Pearly Gates Organic Soapery, Troostwood Youth Garden, University of Kansas Medical Center, Program in Integrative Medicine, University of Missouri Research & Extension, University of Missouri, Kansas City- Department of Architecture, Urban Planning and Design

Activities/Bathrooms:



Ask a Nutritionist



Childrens Activities



Bathrooms



Cooking Demonstrations



Live Music



Storytelling

Calendar of Activities

URBAN FARMS & GARDENS 2009

Visit the Tour website for the details and the most current calendar of activities.

<http://urbanfarmstourkc.com/>

Wednesday, June 17

1st of four "Food Not Lawns" Community classes, www.umkc.edu/commu

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

Thursday, June 18

2pm: Make a Batch of Body Butter for teenagers, Southeast Library, www.kclibrary.org

6pm: Tour Kick-Off Event! Cultivating Kansas City: Food from the City, For the City, Kansas City Central Library, www.kclibrary.org

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

Friday, June 19

7pm: My Blooming Garden, Family Night at the Plaza Library, www.kclibrary.org

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

Saturday, June 20

Morning: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

10am: Raw Food Basics, Community, Tony Aguirre Community Center, www.umkc.edu/commu

2pm: Farm Animals in the City, Lincoln University Extension, Ruiz Branch Library, www.kclibrary.org

TBA: Osage Indian Horticulture & Diet, Jackson County Parks & Rec, www.co.jackson.mo.us/

Sunday, June 21

2pm: How to Eat Local in Kansas City, Trails West Library, www.kclibrary.org

3-4:30pm: Starting an Urban Farm, Kansas City Center for Urban Agriculture, www.kccua.org

Monday, June 22

12-1pm: A How-To Introduction to Community Gardens and Edible Schoolyards, Kansas City Community Gardens, www.kccg.org

Tuesday, June 23

10am: My Blooming Garden, Kansas City Southeast Branch Library, www.kclibrary.org

2pm: Cocoa Butter Ice Cream Bath Fizzie Making, Plaza Library, www.kclibrary.org

7pm: Urban Foods Film Shorts, including "Mad City Chickens", All Souls UU Church, www.allsoulskc.org

PRE-TOUR EVENTS
JUNE 17 - JUNE 27

Calendar of Activities

URBAN FARMS & GARDENS 2009

Visit the Tour website for the details and the most current calendar of activities.

<http://urbanfarmstourkc.com/>

Tuesday, June 23

10am: My Blooming Garden, Kansas City Southeast Branch Library, www.kclibrary.org

2pm: Cocoa Butter Ice Cream Bath Fizzie Making, Plaza Library, www.kclibrary.org

7pm: Urban Foods Film Shorts, including "Mad City Chickens", All Souls UU Church, www.allsoulskc.org

Wednesday, June 24

10:30am: Grains, Grinding, and Granola, Kansas City Trails West Branch, www.kclibrary.org

Eat Out Local! Night: Eat at Blue Bird Bistro www.bluebirdbistro.com, Eden Alley <http://www.edenalley.com> or Renée Kelly's <http://www.chefreeneekelly.com> and support Urban Agriculture

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

6:00-7:30pm: Teens Growing Greens and Other Stuff, KC Central Library, www.kclibrary.org

6-8pm: Building Edible Cities: Urban Agriculture for Planning and Design Professionals, KCCUA and the UMKC Dept. of Agriculture, Urban Planning and Design, UMKC Campus, daniel@kccua.org or call 816-235-6053.

Thursday, June 25

10am: My Blooming Garden, Kansas City Central Library, www.kclibrary.org

2pm: Worms Eat Our Trash, Waldo Branch Library, www.kclibrary.org

6-8pm: Generation G: Growing Youth Gardeners, Urban Youth Center, www.kcurbanyouthcenter.org

7pm: Summer Harvest Dinner, Bread of Life Outreach Ministries, www.breadoflifekc.com

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

Friday, June 26

4:30-9pm: Urban Homesteading and Farmers' Market, Bad Seed Farmers' Market

Eve: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

Saturday, June 27

Morning: Mini Market Tour at Farmers' Markets, KC Food Circle, www.kcfoodcircle.org

1-3pm: Z's Fall Garden, Communiversity, 1029 S. 47th Terrace, Kansas City, KS, , www.umkc.edu/commu

URBAN FARMS & GARDENSTOUR
SUNDAY, JUNE 28, 2009 10AM-5PM



Advance Activities

URBAN FARMS & GARDENS 2009

Visit the Tour website for more details and the most current calendar of activities.

<http://urbanfarmstourkc.com/>

Tour Kick-Off Event!

Thursday, June 18, 6:00-8:00pm

Cultivating Kansas City: Food from the City, For the City
Kansas City Central Library

14 West 10th Street

Kansas City, MO 64105

What can and should a growing Kansas City look like? Imagine backyards, empty lots, public lands, and “empty” space being used for growing fruits, vegetables and more. A panel of growers, community activists, and educators will share their vision for a Kansas City that produces more of its own food. Ben Sharda, Kansas City Community Gardens, Daniel Dermitzel, Kansas City Center for Urban Agriculture, Gretchen Kunkel, KC Healthy Kids, Joe Jennings, farmer and educator, Katherine Kelly, Kansas City Center for Urban Agriculture, and Tina Wright, Lincoln University Cooperative Extension, will offer their thoughts and visions. A reception featuring local and organic food and beverages precedes the talk.



Urban Farms... Feed the People

Sunday, June 21, 3:00-4:30pm

Starting an Urban Farm

Kansas City Center for Urban Agriculture
4223 Gibbs Road

Kansas City, KS 66106

Most people who go into urban farming are folks whose gardening habit got out of control. Their garden overtook their lawn, the empty lot next door, and part of the neighbor's back yard, and all of a sudden they need more land, farming infrastructure, and a new set of skills on how to grow at a bigger scale and how to manage a new farm business. This workshop will introduce you to the basics of starting an urban farm.

Advance Activities

URBAN FARMS & GARDENS 2009

Community Gardens... Grow the Neighborhood

Educational & Charitable Gardens... Sow the Seeds

Monday, June 22, 12:00-1:00pm

A How-To Introduction to Community Gardens and Schoolyard Gardens,
Kansas City Community Gardens

6917 Kensington

Kansas City, MO 64132

Ben Sharda, Executive Director, and Andrea Mathew, Schoolyard Gardens Coordinator, will offer an introduction to starting community gardens and "edible" schoolyards. They'll address the site needs for gardens as well as the organizational issues. They've got a wealth of knowledge on how to make gardens work for the benefit of the community. If you've thought of starting a community or school garden, this is the perfect introductory workshop.

Educational & Charitable Gardens... Sow the Seeds

Thursday, June 25, 6:00-8:00pm

Generation G: Growing Youth Gardeners

Urban Youth Center

2740 Troost

Kansas City, MO 64128

All over the city, new youth gardening programs are being planted. Churches, social service agencies, neighborhood associations and all kinds of groups are putting in gardens and working with youth from the littlest ones up to the teens and young twenties. We invite you to come and listen to some of their stories, and then participate in group discussions and information sharing. Whether you've already started a program or are thinking of starting one, this first ever get-together of youth gardening programs will get you growing.

Home Gardens & Urban Homesteads... Feed the Family

Friday, June 26, 4:30-9:00pm

Urban Homesteading and Farmers' Market, Bad Seed Farmers' Market

The BADSEED Farmers Market will host a special Market for "urban homesteaders" and other interested folks. Along with the regular BADSEED gang of urban growers and producers of "other worldly delights", KC's FOOD NOT LAWNS, a local part of an emerging national movement which promotes turning our lawns into gardens, will be present and sharing information. Canning and Preserving demos will take place from 6-7:30 PM. Demos will include Blanching and Freezing Greens, Pickling, Jams and Jellies, and Fermentation.



Urban Farms: Feed the People

Urban farmers grow food to feed other people as a business. Their business may be large or small, but they are people who have said, "I take this vegetable growing seriously; I'm making a commitment to grow food to feed other people."

The people who go into urban agriculture come from many backgrounds; some are gardeners who discovered they really liked growing vegetables; others are people who come from farming families- both in the US and in other countries. They all have one thing in common though- they all grow food to feed other people out of love:

- Love for the process of growing, the way that tiny brown seeds disappear into the earth and then emerge, providing us with the food we need to live.
- Love for the feel and smell of the soil, the crops, the wind on a spring day.
- Love for the people who are fed, the children whose lively energy and good health come from the farm's soil and the farmers' efforts.
- Love for the food itself, for the way a fresh tomato slices open and fills your mouth with flavor and texture.
- And, importantly, love for the productive role, for being someone who grows things, who adds to the good in the world and who can give to others.

We invite you to visit these people who grow food to feed you- they are loving, generous, hardworking people who grow food in an amazing variety of ways and in an amazing variety of city neighborhoods.

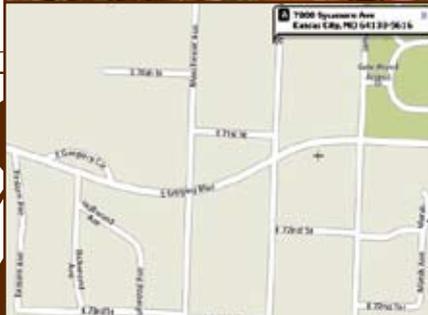


(28) Ambrose Bee Pharm

At The Barn, South Kansas City Christian Fellowship
8000 Oldham Road
Kansas City, MO 64138
Rich Sauter, rixjo@sbcglobal.net

"Bees? In the city? No kidding?" is a typical reaction when Rich Sauter talks about where his honey comes from. He runs small apiaries at four urban locations; the Oldham Road apiary is located on a unique piece of undeveloped land inside the city. When you arrive, you'll head up the hill, escorted by a flock of beautifully colored chickens. At the top of the hill, you'll find Rich and his bees. Rich says that the "bees act like one perfectly unified community that has tremendous resilience. We can learn from the way they live".

Directions: From 435S take exit #67 (Gregory Blvd-same as 71st St.)-go .2 mi. Turn E. on Gregory-go 1.2 mi. Bear left on Oldham Rd. - go 1.6 mi to 8000 Oldham Rd., sign that says Car Farm. Park along driveway or at top of hill by the Barn.



(27) BADSEED Farm

1201 W. Bannister Rd.
Kansas City, MO 64114
816-472-0027
badseedfarm@hotmail.com
www.badseedfarm.com

Brooke Salvaggio and Dan Heryer want folks to realize the amount of food that can be grown on a little amount of land, using nature as a guide and mentor. They grow without tillage and without machinery to create a holistic atmosphere that attracts beneficial insects and predators. On Brooke's family land, they grow vegetables and fruits, they have chickens and goats. They sell their produce at farmers' markets and at their own BADSEED Market on 19th & McGee in the Crossroads District.

Directions: Bannister Rd. is the same as 95th St. - Badseed is two houses east of State Line on 95th on the south side of the street. Park along the driveway, the circle drive by the house or the driveway of the house next door.



(2) Blue Door Farm

3830 N. 55th Street
Kansas City, KS 66104
(816) 805-0362
Christensen.lh@gmail.com

Laura Christensen is immersed in growing. She grows organic vegetables and fruit on ½ acre of land and in a new 30'x96' hoop house and she manages the Growing Growers apprenticeship program as her "day" job. Her farm is tucked alongside a road in a city neighborhood that feels surprisingly rural, where single family homes are interspersed with open fields. She grows vegetables and flowers there, sharing the land with her landlords, their horses, Molly the mule, an assortment of dogs, and several neighborhood cats.

Directions: From I-635 N. take exit #6 to Parallel Parkway – go .2 mi. Go west onto Parallel Pky. – go .6 mi. Continue on Parallel Dr. – go .3 mi. Continue on Parallel Pky. – go .7 mi, Turn north on N. 55th St. – go 1.9 mi to 3830 N. 55th on the left – park in driveway or in the Little Darling Day Care parking lot just south of the farm.



(31) Drumm Farm Garden at the Andrew Drumm Institute

3210 S. Lee's Summit Rd.
Independence, MO
(816) 373-3434
www.druffmfarm.org

The garden is surrounded by ancient oak and walnut trees on land that has been farmed since the 1860's. For the past 80 years, the lives of children have been cultivated there as well. The garden continues the agricultural legacy of Drumm Farm and manifests the spirit of this historic farm. It provides the opportunity for the children to work in a garden and see how their fresh food is grown. The farm business began as East Wind Gardens in 2003. In their beautiful fields and greenhouse, you'll see a variety of certified organic fruit, vegetables, herbs and flowers.

Directions: From I-70E take exit #14/Lees Summit Rd. – go .2 miTurn left (north) on Lees Summit Rd. – go 1.2 mi to 3210 Lees Summit Rd.-there is lots of parking at Drumm Farm



(17) Herb'n Gardener

921 W. 17th St.
Kansas City, MO 64108
(816) 842-4432
Lew Edmister, herbngardener@kc.rr.com

It's a sculpture park. It's an urban farm. It's a reclaimed city lot. You'll thoroughly enjoy the artful layout of Lew Edmister's Herb'n Garden and listening to him tell stories of its beginnings and growth. Lew grew up on a farm and believes a person can take any piece of trash and land most anywhere and turn it into something of productive beauty. His garden yields an astonishing amount of produce and feeds people all over the city.

Directions: from 17th & Broadway in Kansas City, MO, go 0.3 miles west on 17th St. to 921 W. 17th St. – Garden is on south west corner, across from Primitivo Garcia School. Park on the street or in the school parking lot.



(11) Huns' Family Garden

4730 Metropolitan Ave.
Kansas City, KS 66106
(913) 961-1561
hunsyarden@hotmail.com

The Huns Family- Pov, Chaxamone and four children- grow vegetables, herbs and flowers, with a special passion for vegetables and herbs with medicinal properties as well as good taste and good eating. Chaxamone has just this year put in tulips, lilies, iris, zinnia, cosmos and other varieties of flowers; Pov will talk with you about traditional Hmong ways of growing and using vegetables and herbs for health and nutrition. Their children will charm with you with their enthusiasm, knowledge, and love of their farm.

Directions: Off 635, take the Metropolitan exit and go west .5 miles. Look for Farms & Gardens Tour signs on your right. Park on the hill where there is blacktop, do not park on the street.



(3) J-14 Farm & Ranch

4600 Sortor Drive
Kansas City, KS 66104
(913) 287-3365

Joe Jennings has a unique way of selling produce for Kansas City. He offers a “you pick” CSA, which means what it says. Pay the season price, come on out and pick or dig yourself a bag of garden goodies every week, including peaches, strawberries, melons and more. Joe also has a unique passion for teaching families how to be food self-reliant. “The art of survival is why I grow food” he says. “Rather than wondering if I’ll have enough money to buy food, I grow it myself and know I’ll never go hungry.”

Directions: From 635, take exit 7, Leavenworth Rd./38th Street. Go north on 38th, at the intersection of Leavenworth Road & 38th, continue straight through. The road curves to the left and becomes Sortor Drive, continue on Sortor one mile to the farm. Park on the west side of the house.



(12) Kansas City Community Farm

KC Center for Urban Agriculture (KCCUA)
4223 Gibbs Road
Kansas City, KS 66106
913-831-2444
info@kccua.org
www.kccua.org

Growing season brings a bevy of activity at KCCF, giving a sense that a special kind of life and learning is at work. Field crew and volunteers are busy in the fields; Farmers and would-be farmers drop by; Community members stop in to ask a question or just to see what’s happening. The KC Community Farm is a certified-organic, working vegetable farm as well as a demonstration farm, growing food, farmers, and community on a daily basis. Walk the fields, visit the greenhouse, witness for yourself how so much grows here!

Directions: Take the Shawnee Drive exit off I-635, go east to 42nd, park on 42nd where the signs say Farm Tour Parking, and then walk north on 42nd to the farm’s north entrance.



(1) Kurlbaum's Heirloom Tomatoes

3950 N. 62nd Street
Kansas City, KS 66104
(913) 302-8038
lizkurlbaum@mac.com
www.kurlbaumtomatoes.com

Heirloom tomatoes- beautiful, flavorful, each one with a unique look and taste. Sky and Liz Kurlbaum with sister Sally Kuklenski grow more than 30 varieties of tomatoes on the Kuklenski family farm, with every color, shape, and taste imaginable. Located at the dead end of a road just south of the Kaw River and a mere 15 minutes from downtown Kansas City, this farm offers a special rural feel in a city neighborhood.

Directions: Take 635 to the Leavenworth Road/ 38th St. exit, go north on 38th, then turn left at Leavenworth Road. Take Leavenworth Rd 2.5 miles. Turn north on 61st, go .5 miles. Turn left on Cernech road, then take your first right onto 62nd. Follow 62nd until it dead-ends at the farm.



(14) Natural Grown Farm

6131 Long
Shawnee, KS 66216
(913) 481-3321

Warren Messenger claims he runs a one horse urban farm and says, "I grow my own so I know what goes into my garden and into your food". He also runs this farm because he's a born experimenter and innovator. He collects rain water for irrigation, uses specially designed cement-block raised beds, and is always looking for new ways to do things. Warren started his farming career as a home gardener, and when his neighbors and friends said "We'll buy if you sell", his farm business was launched.

Directions: off I35, take exit 228B Shawnee Mission Parkway west. On SM Parkway, go 2.1 miles to Long, turn north, and the farm will be .2 miles on your right. Park in the medical building parking lot a few houses south of the farm.



6) New Roots for Refugees

Catholic Charities of NE Kansas & KCCUA
N. 1st Street & Richmond Avenue
Kansas City, KS 66101
913-621-1504
rbonar@ccsks.org

Eleven farmers from all over the world have started small farm businesses at the new KCCUA Juniper Gardens Training Farm. With support from Catholic Charities and KCCUA, these beginning farmers are learning how to run a farm business in their new country, bringing with them agricultural experience from Burma, Somalia, the Sudan, and Burundi. With a beautiful view of the Kansas City, Missouri skyline, these eleven small farms will leave you feeling like you've visited Africa, Asia, and then come back home again all in a single brief visit.

Directions: From I-70, take exit 423, look for signs for 3rd Street. Follow 3rd Street north .9 miles to Richmond Avenue, turn right and look for the farm on your left.



(20) Root Deep Urban Farm

3219 E. 19th St.
Kansas City, MO 64127
(816) 277-9990
rduf@copper.net

Sherri Harvel took a lonely corner with four empty lots and transformed it into a beautiful and productive garden that supplies vegetables to two markets and a small CSA. She's known as the "Garden Lady" in her neighborhood, and is a source for gardening knowledge, the extra tomato plant or two, and good organic produce. You'll find all kinds of vegetables growing there, including purple hull peas and lots of good potatoes and tomatoes. Sherri's love for her garden and her community infuse the garden and her crops; you'll go away feeling hope and appreciation.

Directions: off I-70, take the Exit 4, 18th Street exit, go east on 18th to College, turn left on College to the intersection of 19th & College. The farm is on the corner. Park on the street.

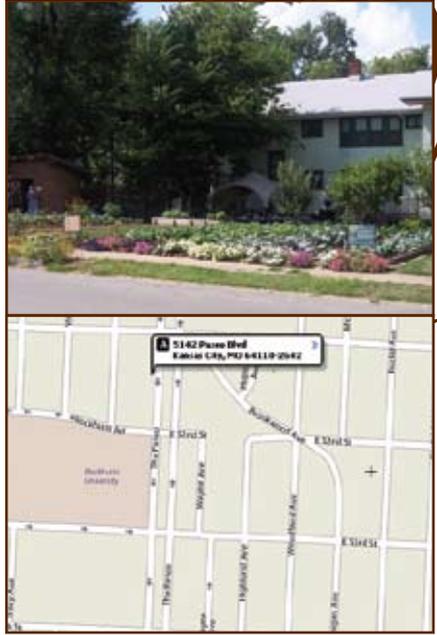


(24) Troostwood Youth Garden

5142 Paseo
Kansas City, MO 64110
816-444-5788
buckwheat84848@hotmail.com

Ericka, her nephew Justin, niece Jessica, and other family members and neighborhood youth grow vegetables on family owned land and on empty lots that Rockhurst University lends to them. This urban farm trains young people in growing and selling vegetables, paying a small stipend to a handful of youth lucky enough to get into their program. They operate as a working vegetable farm, their goal is to sell vegetables to their community, and along the way they teach, learn, and transform lives.

Directions: The farm is south of Volker Boulevard on Paseo. Park along the west side of the street on Paseo or on the north side of 52nd St.



(13) Turkey Creek Honey & Bee Products

At the Kansas City Center for Urban Agriculture
4223 Gibbs Rd.
Kansas City, KS 66101
(913) 481-3504
rburns@kc.rr.com
www.rburnshoney.com

If you go to just about any park in Kansas City, and sit quietly next to a flowering tree or plant, chances are you'll see honeybees coming and going, collecting nectar and pollen. In northern Johnson County and southern Wyandotte County, chances are also pretty good that the bees are foraging from one of the many hives that beekeeper Robert Burns has scattered around the city. Come visit his hives at the KC Community Farm, where he'll be demonstrating how to make some of the many products that use honey, beeswax, and pollen.

Directions: Take the Shawnee Drive exit off I-635, go east to 42nd, park on 42nd where the signs say Farm Tour Parking, and then walk north on 42nd to the farm's north entrance.



(10) Cross-Lines Community Outreach Garden

736 Shawnee Ave.
Kansas City, KS 66105
(913) 281-3388

Nestled between their food pantry, the thrift store, and the free meals kitchen, the Cross-Lines Garden grows healthy, fresh produce that feeds the hungry. Nearly a quarter-acre in size, the garden annually produces thousands of pounds of vegetables, grown by the hands of agency staff, volunteers, and clients. "So many of the people who come here have never cooked or eaten fresh vegetables before," says Carey Sterrett, garden manager. "It is so rewarding though to give a bag of green beans to a mother, show her how to cook them, and then have her come back and tell us that she and her son loved the way they tasted and can they have more?"

Directions: Get on Rainbow (same as 7th Street Trafficway). Shawnee Ave. is between Osage Avenue & Kansas Avenue. The Garden is in front of the big brick building. Park in lot east of garden or on street.



(9) Fairview Church Garden

1800 NE 65th
Gladstone, MO 64118
(816) 415-9022
wsubbfan@yahoo.com

Jeff Hunter and Stacey Schulz started this garden several years ago to help raise funds for the church youth group and to feed their local community. As their skills and knowledge have grown, so have the yields and their ambition. Potatoes, tomatoes, peppers, greens, beans and more grow on this church-owned land, and are sold at an on-site farmers market. There will be lots of fun and educational activities at this site, so be sure to plan it into your day.

Directions: From 169N take the Englewood Rd./Gladstone exit, go .2 mi. Turn east on NW Englewood Rd, go .7 mi. Turn north on N. Oak St/N. Oak Tfwy, go 1.0 mi. Turn east on NE Shady Ln. Dr., go .6 mi. Continue on NE 64th St., go .3 mi. Turn north on N. Highland Ave, go .1 mi. Turn east on NE 65th and go to 1800. Go in east driveway of church and park in lot east of church.



(4) Quindaro Elementary School
KCK Community Gardens Project
2800 Farrow
Kansas City, KS 66104
(816) 217-2485
readinginkansas@aol.com
www.kcurbanacademy.net

There are 33 raised vegetable beds growing vegetables at this school that are tended by the first and fourth grade classes. The students raise a spring crop, a summer crop, and a fall crop; in the summer you'll see sweet potatoes, peppers, tomatoes, a butterfly bed, a "See Smell Touch Bed", strawberries and more! As part of their studies, the students French fry the sweet potatoes they planted and grew, then they compare them to McDonald's fries, and learn about the differences in how the potatoes were grown and where they went between field and plate. This is a wonderful school garden!

Directions: From 635, take exit 7, Leavenworth Rd./38th Street. Go north on 38th, at the intersection of Leavenworth Road & 38th, continue straight through, then take second right onto Farrow. Follow Farrow .4 miles. The school is on your left. The garden is behind the school.



(16) Rosedale Middle School
KCK Community Gardens Project
3600 Springfield
Kansas City, KS 66103
(816) 217-2485
readinginkansas@aol.com
www.kcurbanacademy.net

This innovative school garden- built by 250 7th grade students- integrates the 6th grade science curriculum with growing vegetables and flowering plants. They study plant biology, insects (ask to see a classroom worm bin!), pollination, and they get an introduction to the culinary arts through the Plant Parts Arts class. You'll find all kinds of vegetables growing there, along with a hummingbird garden and a native plant bed. "Gardens are an incredible metaphor for everything" says coordinator Mark Manning, and you'll believe it when you hear him talk about his work with the students.

Directions: From 39th & Rainbow, go west to Booth St., turn north onto Booth St., Turn west onto W. 38th St., Turn north onto Springfield St. to school on left - park in lot



(21) Niles Garden, Niles Home for Children

1911 E. 23rd St.
Kansas City, MO 64127
(816) 241-3448
martyk@allspecies.org
www.nhc-kc.org

"I want to see 200,000,000 Americans who know how to feed themselves," says Marty Kraft, garden coordinator. He's in the right line of work to make that happen – working with youth to grow gardens, from seed to table. Niles is a prep school and home for children and is a caring atmosphere. Marty and the youth experiment with nature-centered growing. The garden is peaceful and beautifully designed, featuring raised beds, a solar-powered water garden and fountain, and a gazebo. The hope for this garden is that it will inspire the young people and all who visit it to live more fully and deeply.

Directions: Off I-70, take Exit 3 to Brooklyn Avenue and go south. Take Brooklyn to 23rd street and go right, the school is on your left. Park in Lincoln High School across street on north.



(18) Salvation Army Men's Rehabilitation Center Garden

1351 E. 10th Street
Kansas City, MO 64106
(816) 421-5434, ext. 111
David_Hudgens@usc.salvationarmy.org

Therapy, not provision, is the reason for this 3-year old garden. It is lovely with a purposeful design; offering the men in the drug rehab program the therapeutic benefits of planting, tending and harvesting vegetables. Gardening gives the gardeners a way to feel pride in themselves and for their family members to feel pride in them. The growing process happens in small steps, a metaphor for the 12 step program, and is an integral part of the recovery process. Captain Hudgens, garden manager, says the garden is all about "get a dream, talk to folks with some experience and start small!"

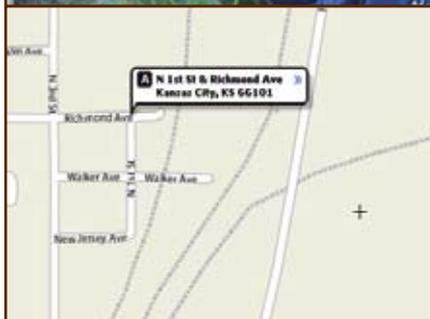
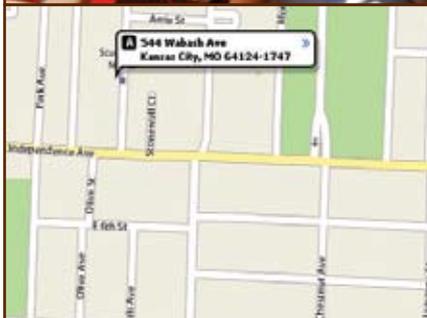
Directions: Off Paseo Boulevard, just north of I70, go east on 10th street about 1 1/2 blocks. The garden will be on the north side of the street. Park in the lot on the south side of the street.



(19) Scuola Vita Nuova
544 Wabash
Kansas City, MO 64124
(816) 231-5788
nking66@gmail.com

The students in this school garden are intense and focused on their growing activities. They are growing their own food, they know it is healthy for them and that it saves the school money when it is cooked for their lunches. They also know that worms are important, gardening is funner than grocery shopping and digging in the dirt is a really cool thing to do at school. The teachers, Anne Hooper and Janell Williams, know that gardening is a learning tool that teaches important lessons in growth, change, and giving. This school design with its rain garden and rain barrel collections system is well worth the stop.

Directions: Off I-70, take the Independence Avenue/US-24 Exit. Go east on Independence .8 miles, turn left on Wabash (one way going north). The garden is on the west side of the school building, one block west of Wabash. Park in the lot on the west side of the building or on the street.



(7) TSCOG Salt of the Earth Youth Market Garden

N. 1st Street & Richmond Avenue
Kansas City, KS 66101
(913) 963-2095
Greenemission@aol.com

Growing, cooking, eating, selling, the young people involved with the Salt of the Earth Garden are learning it all. Led by gardener Angela Greene and a group of adult volunteers, this garden is a place where growth happens in all kinds of ways. Small lessons in history happen as foundation stones are pulled from the soil. Pests are identified, new vegetables and recipes are tasted, and skills in sticking-with-it are developed. Customer relations, pricing, and sales techniques are part of the season, too.

Directions: From I-70, take exit 423, look for signs for 3rd Street. Follow 3rd Street north .9 miles to Richmond Avenue, turn right and look for the farm on your left. Look for the tour signs for parking instructions.



Community Gardens: Grow the Neighborhood

Community Gardens are a special place. They are a patchwork quilt of small gardens grown by individuals, families, and groups. In them you'll find vegetables, flowers, fruits, herbs, water gardens, artwork, recycled materials, curvy rows and straight lines and everything in between. You'll see gardening techniques and approaches drawn from every region in the US and from all over the world. They are as alive and lively a place as you'll ever find.

In Kansas City, there are more than 70 community gardens where hundreds of people grow fruits, vegetables, and flowers. An astounding number of them began with the help of Kansas City Community Gardens, an organization that has been helping people grow for 30 years. Others began because a person or a group of people got motivated, tilled up the earth, found water, and invited their community and neighbors to join with them in growing food.

The benefits community gardens offer to Kansas City neighborhoods are almost immeasurable. They help families save money on their food budgets. They transform ugly lots into centers for growth and health and community. They raise property values, reduce crime, and improve a neighborhood's quality of life.

The Tour is an opportunity for you to visit and enjoy these miraculous places, and to meet some of the gardeners who make them so wonderful.



(15) Healthy Kids Community Garden

4130 S. Minnie
Kansas City, KS 66103
(913) 621-5636
lilliegreer@yahoo.com

St. Paul AME Zion and Rosedale UCC have been congregational partners for a number of years. In 2008, they started The Healthy Kids Community Garden. Children of all ages and adults from both churches grow together by planning, planting, tending and harvesting food. Another Rosedale church, Rainbow Mennonite, has joined with them in the work and next-door neighbor Mt. Carmel Baptist provides water for the plants. Stop by and catch the spirit and fun of their collaboration.

Drive and Park Directions: From Westport Rd. & State Line go west .6 mi. Turn north on Pearl St. Turn west on 42nd Ave. Turn north on S. Minnie St. to vacant lot on west side of street Park on east side of street.



Home Gardens & Urban Homesteads: Feed the Family

Home gardening. A plot out in the back yard, a handful of tomato plants, some peppers, a row of onions, beets and carrots. Hours wandering through the aisles and the greenhouses at local garden centers, or chatting up farmers at the market about which varieties of the transplants they sell are the ones they really truly love. Spade forking in the spring, weeding, snacking on a lettuce leaf before you head into the kitchen with the dinner's salad.

A growing number of families in Kansas City are learning and re-learning how to create these humble and productive moments. Some are motivated by food scares, wanting to know at the most basic of levels where their food came from. Some are tired of tomatoes that just don't taste like real tomatoes. Others, in a tight economy, are looking for ways to save money and reduce stress.

A growing number of people are aspiring to not only provide for their families through the growing season but into the winter by canning, freezing, and drying the summer's bounty. Calls are being made to city planning- "Is my lot big enough that I could keep a few chickens?" and the empty lots next door are being bought and borrowed so more can be grown. This new phenomenon, recently named "urban homesteading" is, in fact, not so new. Our love affair with the monoculture of the lawn is the newer, and hopefully, more transitory phenomenon.

The tour features just a few families that are beginning to take home gardens and food production to this next level. Visit them, chat with them, and learn with them about how home gardening can change the life of your family and community.



(8) Creekhous Organic Community Garden

6310 N. W. Waukomis Dr.
Kansas City, MO 64151
(816) 665-5469
linnburdick@hotmail.com

Urban homesteaders Linn and Neal Burdick share their large garden with others- if you join and work in the common garden, you share the food. A tranquil, flowing creek ripples alongside the house; there is art and whimsy in the landscape, and an eight foot high fence to see that the deer "let the garden grow". Linn says the beauty of gardening is that it "physically connects me to what is coming out of the earth and makes me feel more thankful"; and as sideline benefit, "it gives adults a socially acceptable way to play in the dirt".

Directions: From I-29 N take exit #3A/Waukomis Dr. – go .3 mi. Turn west on NW Waukomis Dr. – go 1.3 mi to 6310 on left. Park in grass on property or in church lot across the street.



(23) Hoop Dog Garden

3314 Troost
Kansas City, MO 64109
(816) 769-8994
cathrynsimmons@earthlink.net

When you enter Hoop Dog world, you'll wonder how you never knew such a place existed right here in town. It is reminiscent of a secret garden, hidden next door to the brick front of a former warehouse. Cathryn Simmons and Lori Buntin will grow "all of it" this year – peanuts, cotton, tomatoes, corn, peas, beans all in containers or beds of one kind and another – to feed ten people all season. Their chickens, charmingly housed in a hand-built chicken coop, provide eggs for family members, along with endless hours of amusement. Recycled materials serve unexpected purposes- wooden pallets create a fence, hog panels make an arch for bottle gourds to clamber on. Visit and catch the artistry as well as the productive purpose of the garden.

Directions: Hoop Dog is right on Troost Avenue, park on the street.



(29) Pearly Gates Organic Soapery/Gardens Inc.

7000 Sycamore
Kansas City, MO 64133
(816) 353-3602
soaper1@sbcglobal.net
www.pearlygatessoap.com



Nancy Gordon fits the bill of an urban homesteader. She has her hands in numerous sustainability practices- gardening, soap making, canning, and more. She is constantly experimenting with ways to get high yields from small spaces. She wants to become known for her micro-greens, which are baby plants (not sprouts), pack a whallop of nutrition and grow fast, a nine-day turnaround she says. Last year she had tomato vines that were so tall she had to climb a ladder to pick some of them. Nancy is also well-known for her organic body products in which she uses some of the plants she grows. She says being self-sustaining is in her blood, coming from a long line of people who did for themselves, and she wants to pass those skills along to others.

Directions: Off 435, take the Gregory Boulevard exit, go east .5 miles to Sycamore, go north to 7000. Park in the Lennington Day Lily Farm lot on the west side of the property or on street.

Day of Activities

URBAN FARMS & GARDENS 2009

(28) Ambrose Bee Pharm

At The Barn, South Kansas City Christian Fellowship

8000 Oldham Road
Kansas City, MO 64138
Storyteller : Jamie Mayo, beginning at 12:30pm
Children's Activities

(27) BADSEED Farm

1201 W. Bannister Rd.
Kansas City, MO 64114
Music: Checkered Past & Friends, all day
Children's Activities

(25) Benjamin Banneker Charter Academy

6401 Rockhill Rd.
Kansas City, MO 64131
Music: Kansas City Ukesters, 1-2pm
Storyteller: Joyce Slater, 2pm on

(2) Blue Door Farm

3830 N. 55th Street
Kansas City, KS 66104
Music: Richard Reeves
Cooking Demonstration: Johnson County
Community College Hospitality Program

(8) Creekhous Organic Community Garden

6310 N. W. Waukomis Dr.
Kansas City, MO 64151
Music: TennaShoe & Diamond Blues Band
(Jim Echols), 2-5pm

(10) Cross-Lines Community Outreach Garden

736 Shawnee Ave.
Kansas City, KS 66105
Music: John Williams, Acoustic, 2:30-3:30
Storyteller: Anne Haehl, 1-2:30, 3:30 on

(31) Drumm Farm Garden at the Andrew Drumm Institute

3210 S. Lee's Summit Rd.
Independence, MO
Music: Dogtree (Richelle Basgall),
Acoustic Folk Music, 11-1pm
Music: Nick Baker, Marimba, 1:00 on
Cooking Demonstration: Arts International- Kansas City,
Culinary Arts Program

(9) Fairview Church Garden

1800 NE 65th
Gladstone, MO 64118

(30) Harvesters' Garden

3801 Topping Ave.
Kansas City, MO 64129

(15) Healthy Kids Community Garden

4130 S. Minnie
Kansas City, KS 66103
Music: Carl Prather, clarinetist, singer, 1pm on
The Green Worm- worm composting
Children's Activity
Music by church members of St. Paul and
Carl Prather

(17) Herb'n Gardener

921 W. 17th St.
Kansas City, MO 64108

(23) Hoop Dog Garden

3314 Troost
Kansas City, MO 64109
Music: Joe Schnebelen, guitarist, 12-2pm
Music: The Recipe (spoken word) 2:30-3pm
Music: Alan Lott, Conguero, 4-5pm

(11) Huns' Family Garden

4730 Metropolitan Ave.
Kansas City, KS 66106
Music: Eric Karlsson, guitarist, afternoon

(3) J-14 Farm & Ranch

4600 Sortor Drive
Kansas City, KS 66104
Music: Joe Roberts, guitar/mandolin

(5) Juniper Gardens Community Gardens Kansas City Center for Urban Agriculture

N. 1st Street & Richmond Avenue
Kansas City, KS 66101
Cooking Demonstration
Ask a Nutritionist

Day of Activities

URBAN FARMS & GARDENS 2009

**(12) Kansas City Community Farm
KC Center for Urban Agriculture (KCCUA)**
4223 Gibbs Road
Kansas City, KS 66106
Music: Buttermilk Boys, 11-1pm

(26) Kansas City Community Gardens
6917 Kensington
Kansas City, MO 64132
Music: Mindseye and the Disgruntled Gnomes, 10-2pm
Storyteller: Denise Grow, 2-5PM

(22) KC Urban Youth Center Youth Garden
2732 Troost
Kansas City, MO 64109
Music: Karaoke & the Women of Emancipation
Station, 2:30 on

(1) Kurlbaum's Heirloom Tomatoes
3950 N. 62nd Street
Kansas City, KS 66104
Music: Electric Prairie (Paul Wenske), 1-3pm
Storytelling: Molly Postlewait, afternoon
Cooking Demo: Karen Elizabeth Watts

(14) Natural Grown Farm
6131 Long
Shawnee, KS 66216
Frisbee golf & bean bag toss

**(6) New Roots for Refugees
Catholic Charities of NE Kansas & KCCUA**
N. 1st Street & Richmond Avenue
Kansas City, KS 66101
Cooking Demonstration
Ask a Nutritionist

(21) Niles Garden, Niles Home for Children
1911 E. 23rd St.
Kansas City, MO 64127
Music: Andrea Davenport, Music With Heart, 12-2pm

(29) Pearly Gates Organic Soapery/Gardens Inc.
7000 Sycamore
Kansas City, MO 64133
Raw Food Demo

**(4) Quindaro Elementary School
KCK Community Gardens Project**
2800 Farrow
Kansas City, KS 66104
Music: James Crump, guitar, 12-3pm

(20) Root Deep Urban Farm
3219 E. 19th St.
Kansas City, MO 64127
Music: Holly & the Bongo Girls

**(16) Rosedale Middle School
KCK Community Gardens Project**
3600 Springfield
Kansas City, KS 66103
Storytelling: Gary Kuntz, afternoon

**(18) Salvation Army Men's Rehabilitation
Center Garden**
1351 E. 10th Street
Kansas City, MO 64106

(19) Scuola Vita Nuova
544 Wabash
Kansas City, MO 64124
Music: SVN Band 1-2pm
Music: Richard Reeves

(24) Troostwood Youth Garden
5142 Paseo
Kansas City, MO 64110
Music: Lisa Sandell, lap-guitar, afternoon
Music: Teddy Rogers, gospel, late afternoon

**(7) TSCOG Salt of the Earth Youth
Market Garden**
N. 1st Street & Richmond Avenue
Kansas City, KS 66101
Cooking Demonstration
Ask a Nutritionist

**(13) Turkey Creek Honey & Bee Products
At the Kansas City Center for Urban
Agriculture**
4223 Gibbs Rd.
Kansas City, KS 66101

Overview Map

URBAN FARMS & GARDENS 2009

This is a self-guided and designed tour. Go online www.urbanfarmstourkc.com for help creating your own Tour!

City Farms

- (28) Ambrose Bee Pharm
- (27) Bad Seed
- (2) Blue Door Farm
- (31) Drumm Farm Garden at the Andrew Drumm Institute
- (17) Herb' n Gardner
- (11) Huns' Family Garden
- (3) J-14 Farm & Ranch
- (12) Kansas City Community Farm *hidden behind (13)
- (1) Kurlbaum's Heirloom Tomatoes
- (14) Natural Grown Farm
- (6) New Roots for Refugees *hidden behind (7)
- (20) Root Deep Urban Farm
- (24) Troostwood Youth Garden
- (13) Turkey Creek Honey & Bee Products

Home Gardens and Urban Homesteads

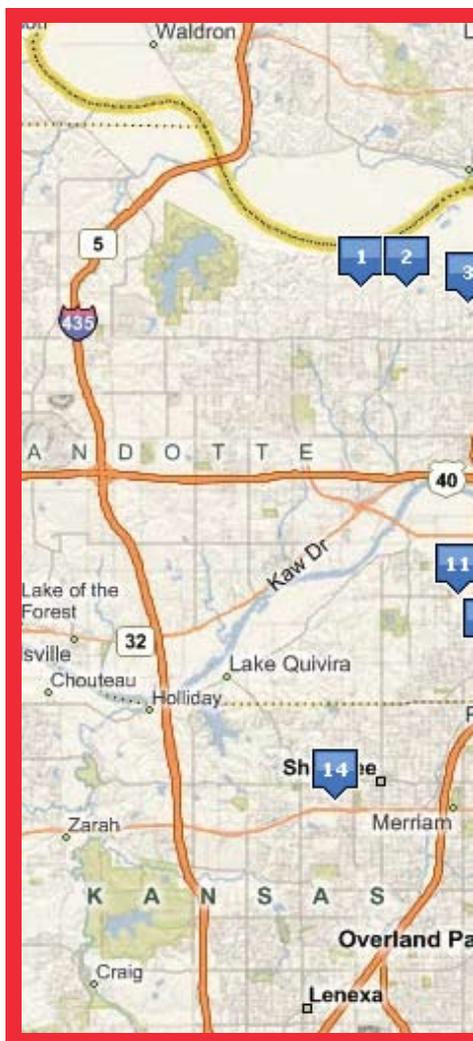
- (25) Benjamin Banneker Charter Academy
- (10) Cross-Lines Community Outreach Garden
- (9) Fairview Church Garden
- (30) Harvesters' Garden
- (22) KC Urban Youth Center Youth Garden
- (4) Quindaro Elementary School
KCK Community Gardens Project
- (16) Rosedale Middle School
- (21) Niles Garden, Niles Home for Children
- (18) Salvation Army Men's Rehabilitation
Center Garden
- (19) Scuola Vita Nuova
- (7) TSCOG Salt of the Earth Youth Market Garden

Educational & Charitable Gardens

- (15) Healthy Kids Community Garden
- (5) Juniper Gardens Community Gardens *hidden behind (7)
- (26) Kansas City Community Gardens

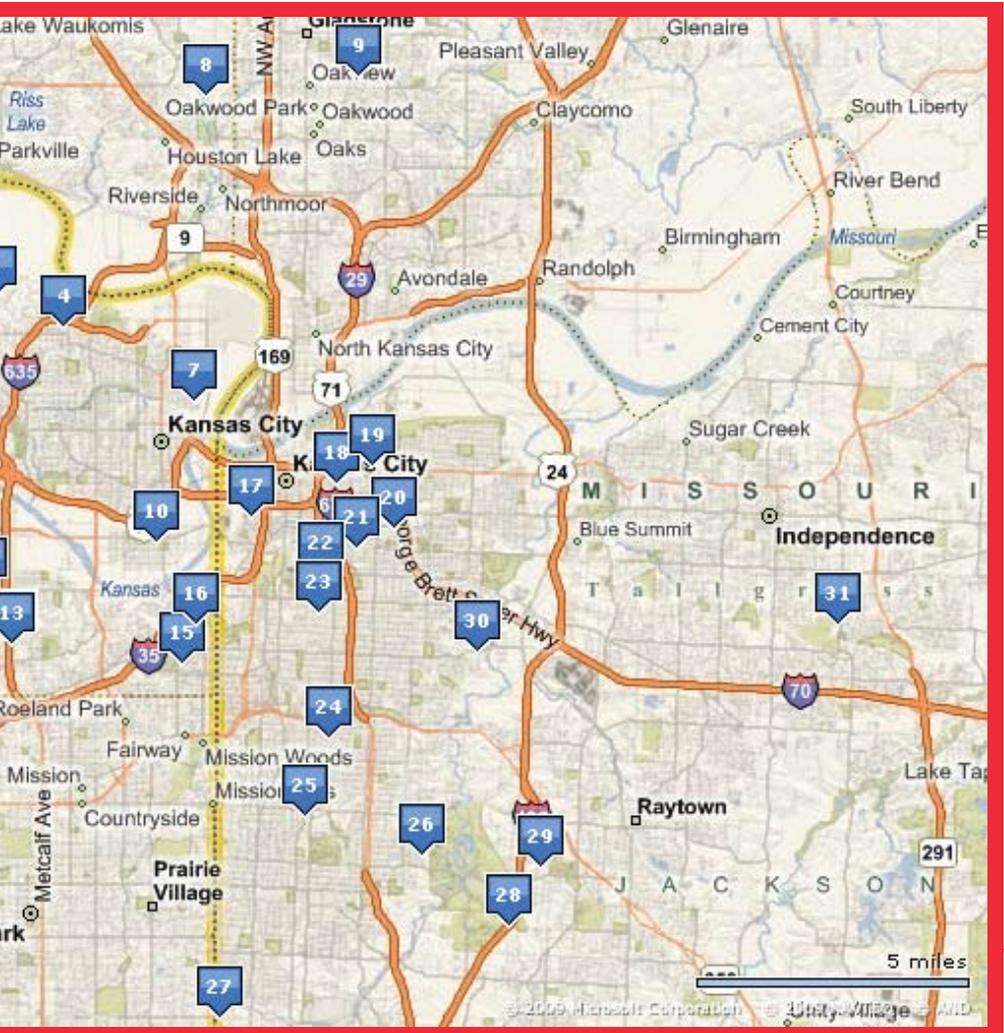
Community Gardens

- (8) Creekhous Organic Community Garden
- (23) Hoop Dog Garden
- (29) Pearly Gates Organic Soapery/Gardens Inc.



Overview Map

URBANFARMS&GARDENS2009



URBANFARMS&GARDENSTOUR
SUNDAY, JUNE 28, 2009 10AM-5PM

There are so many sites to visit! We suggest you visit our website

www.urbanfarmstourkc.org
and create your own specialized tour.



URBAN FARMS & GARDENS 2009

DETAILS

Parking: to help deal with parking challenges at some sites and to save energy, carpool with friends and family if you can. Please be respectful of the farms' and gardens' neighbors!

Food, Water, Bathrooms: Most of the sites will have water and beverages available. Some sites have bathrooms (indicated by the  icon). Some sites will have cooking demos and food samples available.

Tickets: You'll need your ticket throughout the tour to visit the different sites, so hold onto it!

Questions?

Email info@kccua.org or call (913) 831-2444 or
Janet Brown Moss,
Tour Coordinator
janetbridgeworks@sbcglobal.net
(816)531-6577

RAIN OR SHINE

The Kansas City Center for Urban Agriculture

The Kansas City Center for Urban Agriculture is a 501c(3) tax-exempt organization founded in 2004 that promotes the production of food- fruits, vegetables, and other farm products- in the neighborhoods where people live, work, shop, and play. The organization has three programs:

- The Kansas City Community Farm, a certified-organic, working vegetable farm that is a demonstration farm and training center for urban and organic producers.
- The Urban Farm Development Program, which provides technical assistance, networking, and advocacy for urban farmers and communities interested in local food production.
- The Farm Business Development Program at Juniper Gardens Training Farm that helps limited-resource people start and run their own farm businesses.

KCCUA is a powerful advocate for policies and practices that put production of fresh, nutritious produce in neighborhoods where families need it most. KCCUA is a founding member of the Kansas City Food Policy Coalition that advocates for access to healthy, locally grown food and is involved in a variety of initiatives to address urban hunger and food access issues.

In 4 years, we have earned a national reputation for our forward-thinking, practical approach to urban agriculture that gets results. In 2008, we received multi-year funding from two national funders: Heifer Project and Cedar Tree Foundation, and were named 2008 Nonprofit of the Year by Kansas City's Pitch magazine. KCCUA became a United Way Agency in 2009. Our farm was named one of the country's top ten urban farms by Natural Home magazine.

URBAN FARM & GARDENS 2009

TICKETS

- \$5 per person
- \$12 for a family grouping (2 adults, young people),
- \$3 Groups of 10 or more

Tickets are available at:

- <http://www.brownpapertickets.com/event/57884>
(you can also link to that site through <http://urbanfarmstourkc.com/>)
- From any of the farms and gardens on the tour
- And through the mail, form below.

* You'll need your ticket throughout the tour to visit the different sites, so hold onto it!

* Tickets not needed for Pre-Tour Events.

URBAN FARM & GARDENS 2009

Name:

Address:

City, State, Zip:

Telephone:

Email:

Type of Ticket	No. of Tickets	Price Per	Total
adult ticket	<input type="text"/>	\$5.00	<input type="text"/>
family tickets	<input type="text"/>	\$12.00	<input type="text"/>
group tickets (minimum order of 10 tickets)	<input type="text"/>	\$3.00	<input type="text"/>
		Total	<input type="text"/>

Make check payable to:

Kansas City Center for Urban Agriculture (KCCUA)
4223 Gibbs Road Kansas City, KS 66106



